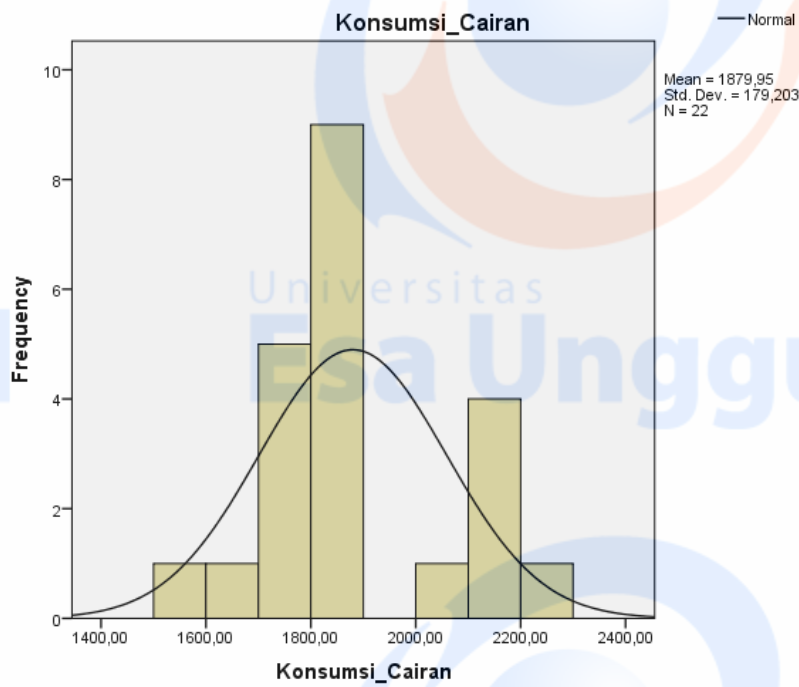
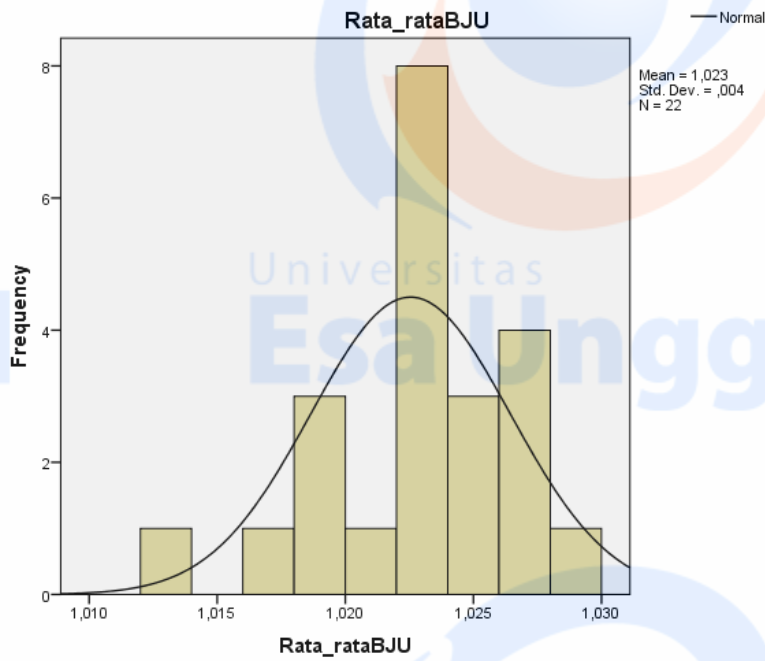
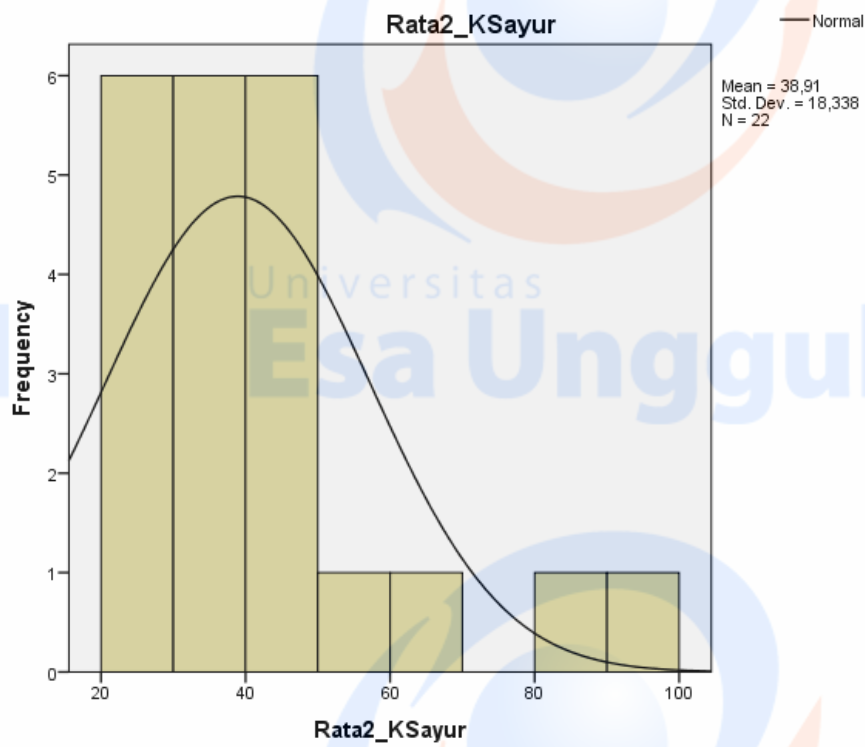
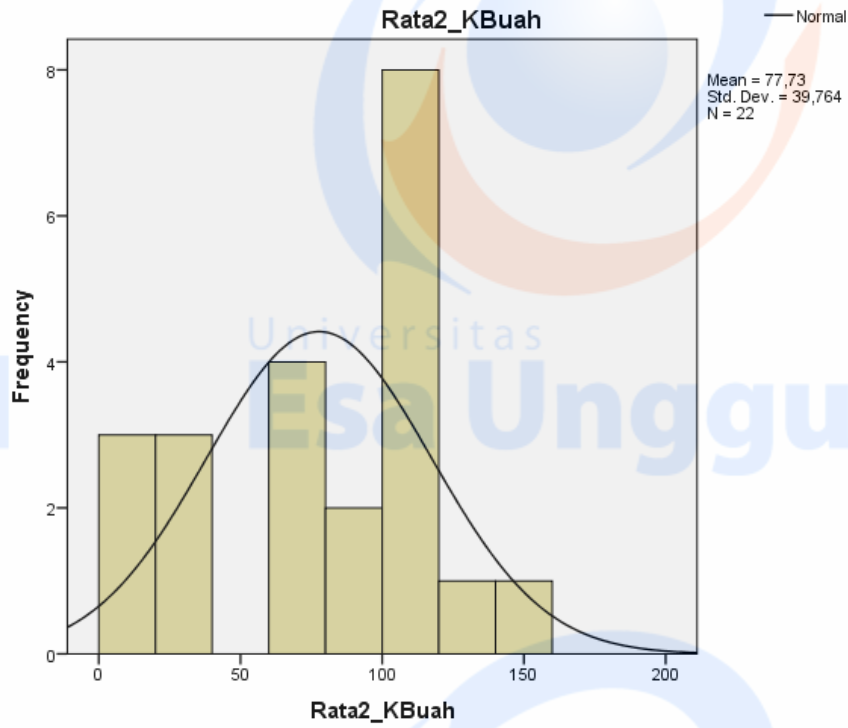


# 1. Uji Normalitas





**Descriptives**

		Statistic	Std. Error
Rata_rataBJU	Mean	1,02255	,000832
	95% Confidence Interval for Lower Bound	1,02082	
	Mean Upper Bound	1,02427	
	5% Trimmed Mean	1,02276	
	Median	1,02300	
	Variance	,000	
	Std. Deviation	,003900	
	Minimum	1,013	
	Maximum	1,028	
	Range	,015	
	Interquartile Range	,006	
	Skewness	-,687	,491
	Kurtosis	,119	,953
	Mean	1879,9545	38,20623
95% Confidence Interval for Lower Bound	1800,5003		
Mean Upper Bound	1959,4088		
5% Trimmed Mean	1879,0909		
Median	1850,0000		
Variance	32113,760		
Konsumsi_Cairan	Std. Deviation	179,20312	
	Minimum	1560,00	
	Maximum	2210,00	
	Range	650,00	
	Interquartile Range	259,00	
	Skewness	,550	,491
	Kurtosis	-,454	,953
	Mean	77,73	8,478
	95% Confidence Interval for Lower Bound	60,10	
	Mean Upper Bound	95,36	
	5% Trimmed Mean	77,24	
	Median	83,00	
	Variance	1581,160	
	Rata2_KBuah	Std. Deviation	39,764
Minimum		17	
Maximum		150	
Range		133	
Interquartile Range		74	
Skewness		-,260	,491
Kurtosis		-1,004	,953

Rata2_KSayur	Mean		38,91	3,910
	95% Confidence Interval for Mean	Lower Bound	30,78	
		Upper Bound	47,04	
	5% Trimmed Mean		37,17	
	Median		34,00	
	Variance		336,277	
	Std. Deviation		18,338	
	Minimum		20	
	Maximum		90	
	Range		70	
	Interquartile Range		20	
	Skewness		1,541	,491
	Kurtosis		2,367	,953

#### Tests of Normality

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Rata_rataBJU	,172	22	,091	,931	22	,129
Konsumsi_Cairan	,272	22	,000	,901	22	,032
Rata2_KBuah	,167	22	,113	,922	22	,084
Rata2_KSayur	,188	22	,042	,843	22	,003

a. Lilliefors Significance Correction

## 2. Univariat

		Statistics			
		Rata_rataBJU	Konsumsi_Cairan	Rata2_KBuah	Rata2_KSayur
N	Valid	22	22	22	22
	Missing	0	0	0	0
Mean		1,02255	1879,9545	77,73	38,91
Std. Error of Mean		,000832	38,20623	8,478	3,910
Median		1,02300	1850,0000	83,00	34,00
Std. Deviation		,003900	179,20312	39,764	18,338
Skewness		-,687	,550	-,260	1,541
Std. Error of Skewness		,491	,491	,491	,491
Minimum		1,013	1560,00	17	20
Maximum		1,028	2210,00	150	90

### Outsourcing

		Statistics			
		Konsumsi_Cairan	Rata2_KBuah	Rata2_KSayur	Rata_rataBJU
N	Valid	10	10	10	10
	Missing	0	0	0	0
Mean		1976,2000	96,2000	48,5000	1,0205
Std. Deviation		174,20920	37,14476	22,36689	,00414
Minimum		1750,00	17,00	20,00	1,01
Maximum		2210,00	150,00	90,00	1,03

### Frontliner

		Statistics			
		Konsumsi_Cairan	Rata2_KBuah	Rata2_KSayur	Rata_rataBJU
N	Valid	12	12	12	12
	Missing	0	0	0	0
Mean		1799,7500	62,3333	30,9167	1,0242
Std. Deviation		145,04678	36,34515	8,90820	,00283
Minimum		1560,00	17,00	20,00	1,02
Maximum		2160,00	115,00	45,00	1,03

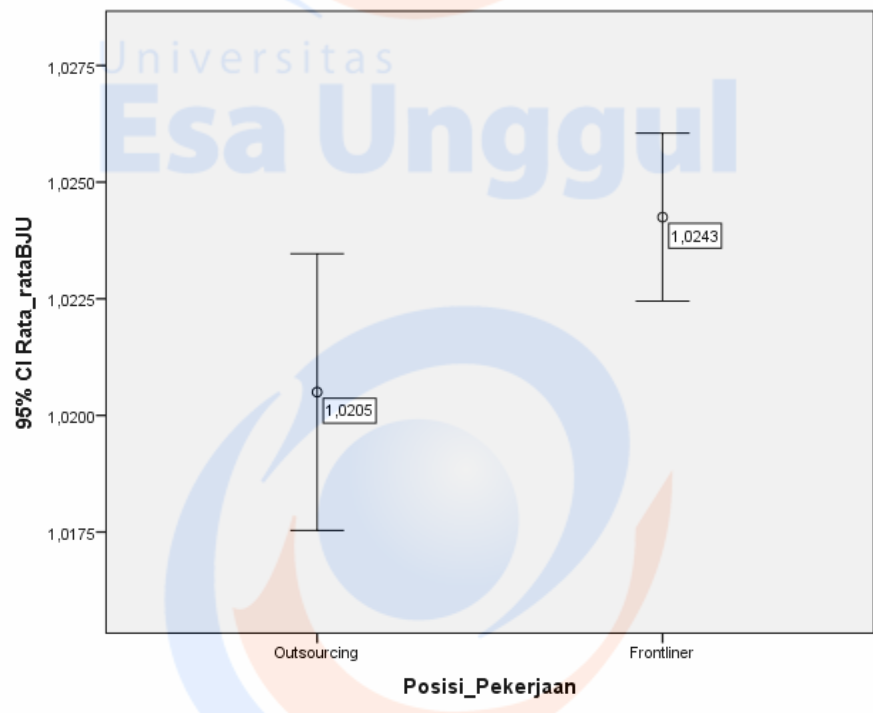
### 3. Bivariat

**Group Statistics**

	Posisi_Pekerjaan	N	Mean	Std. Deviation	Std. Error Mean
Rata_rataBJU	Outsourcing	10	1,02050	,004143	,001310
	Frontliner	12	1,02425	,002832	,000818

**Independent Samples Test**

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Rata_rataBJU	Equal variances assumed	1,645	,214	-2,514	20	,021	-,003750	,001492	-,006862	-,000638
	Equal variances not assumed			-2,428	15,457	,028	-,003750	,001544	-,007033	-,000467

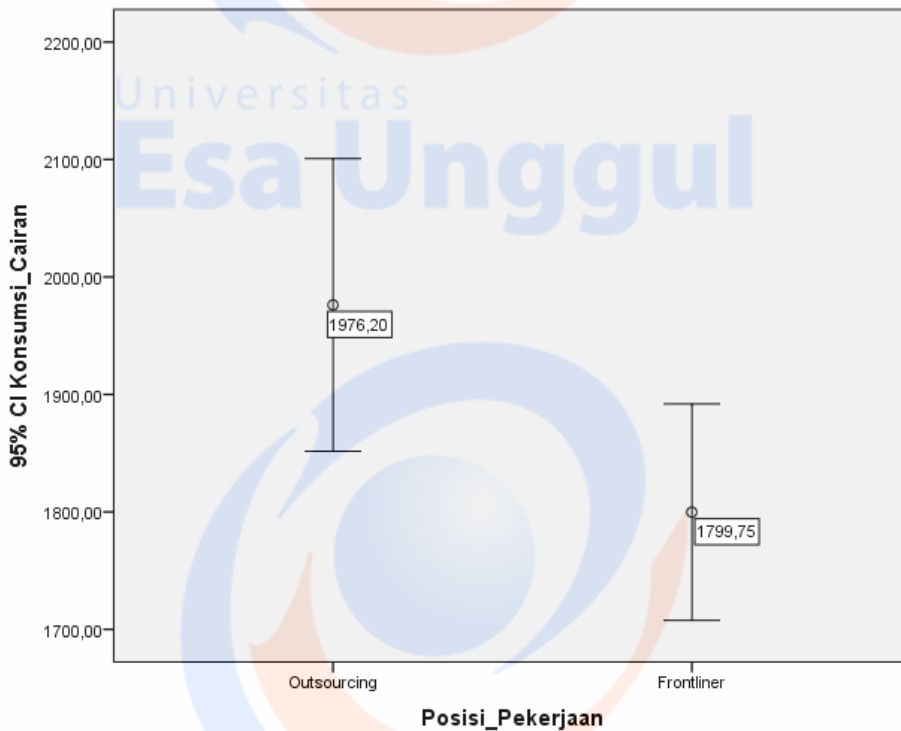


**Group Statistics**

	Posisi_Pekerjaan	N	Mean	Std. Deviation	Std. Error Mean
Konsumsi_Cairan	Outsourcing	10	1976,2000	174,20920	55,08979
	Frontliner	12	1799,7500	145,04678	41,87140

**Independent Samples Test**

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Konsumsi_Cairan	Equal variances assumed	2,751	,113	2,595	20	,017	176,45000	68,00859	34,58656	318,31344
	Equal variances not assumed			2,550	17,597	,020	176,45000	69,19609	30,83544	322,06456

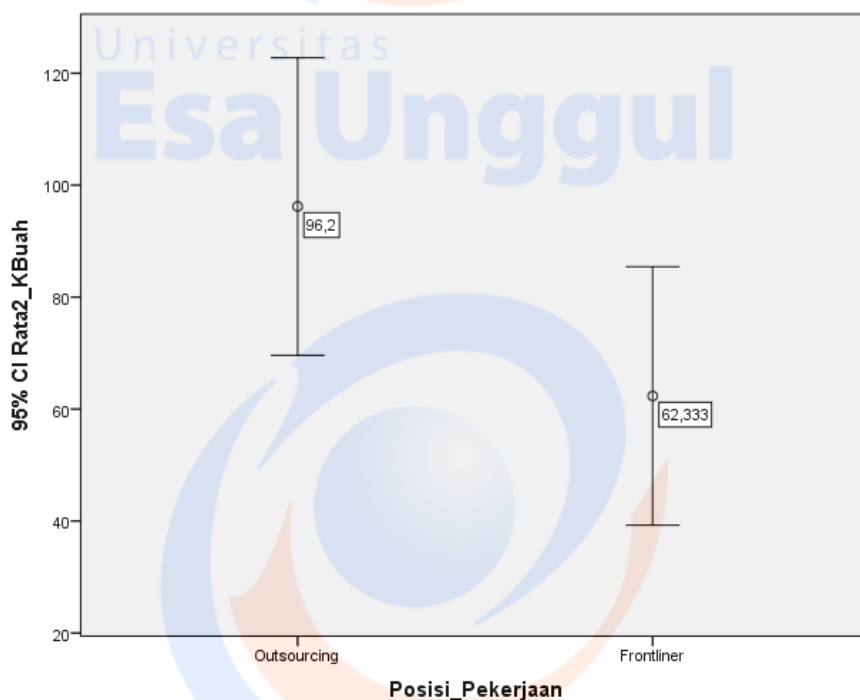


**Group Statistics**

	Posisi_Pekerjaan	N	Mean	Std. Deviation	Std. Error Mean
Rata2_KBuah	Outsourcing	10	96,20	37,145	11,746
	Frontliner	12	62,33	36,345	10,492

**Independent Samples Test**

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Rata2_KBuah	Equal variances assumed	,181	,675	2,155	20	,044	33,867	15,717	1,081	66,652
	Equal variances not assumed			2,150	19,128	,045	33,867	15,750	,917	66,816



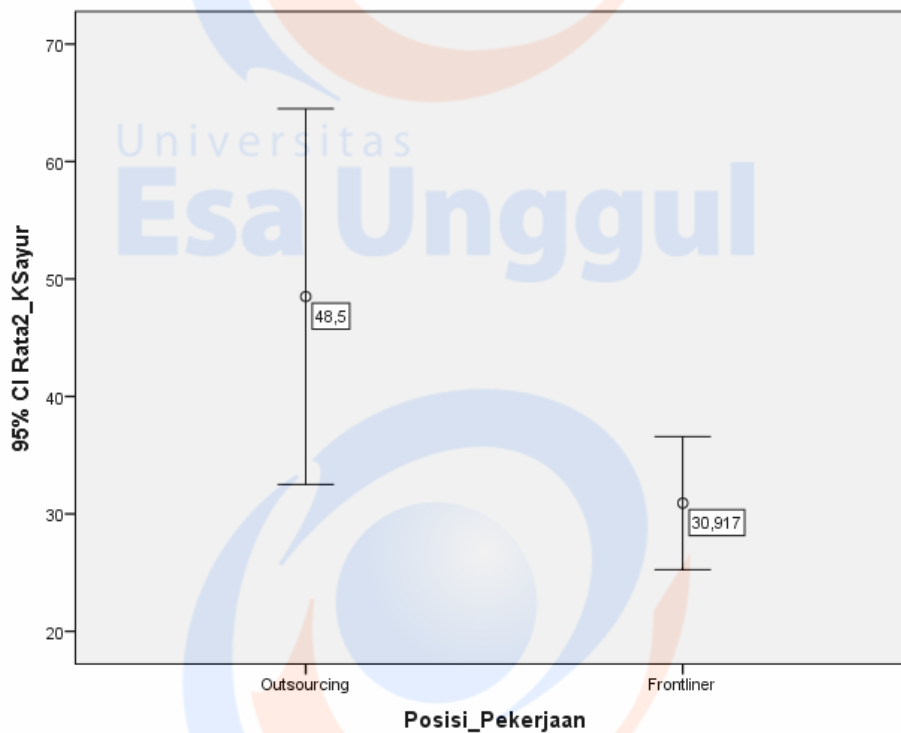


**Group Statistics**

	Posisi_Pekerjaan	N	Mean	Std. Deviation	Std. Error Mean
Rata2_KSayur	Outsourcing	10	48,50	22,367	7,073
	Frontliner	12	30,92	8,908	2,572

**Independent Samples Test**

	Levene's Test for Equality of Variances		t-test for Equality of Means							
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference		
								Lower	Upper	
Rata2_Ksayur	Equal variances assumed	6,055	,023	2,505	20	,021	17,583	7,020	2,941	32,226
	Equal variances not assumed			2,336	11,374	,039	17,583	7,526	1,085	34,082



#### 4. Korelasi

**Correlations**

		Rata_rataBJU	Konsumsi_Cairan
Rata_rataBJU	Pearson Correlation	1	,930**
	Sig. (2-tailed)		,000
	N	22	22
Konsumsi_Cairan	Pearson Correlation	,930**	1
	Sig. (2-tailed)	,000	
	N	22	22

\*\* . Correlation is significant at the 0.01 level (2-tailed).

**Correlations**

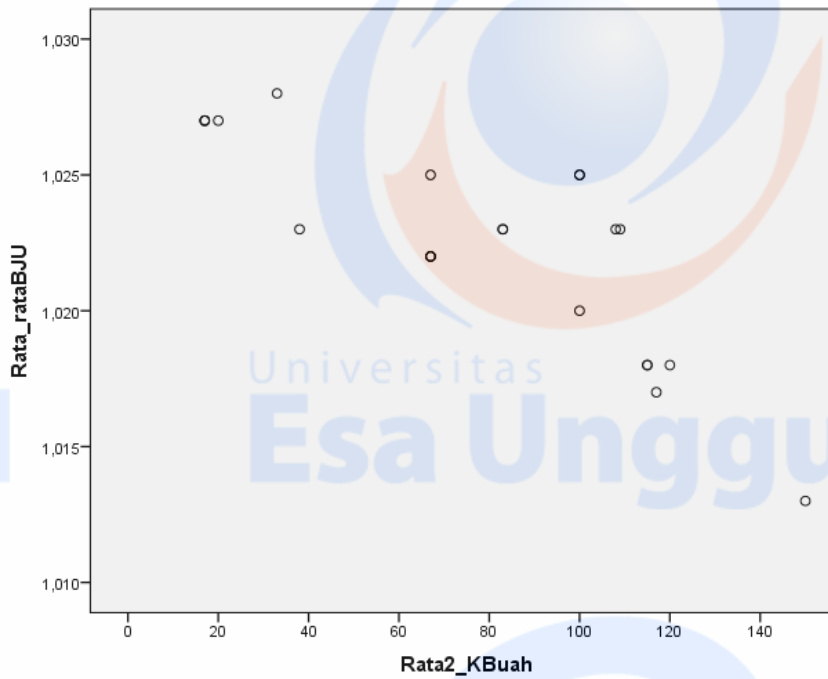
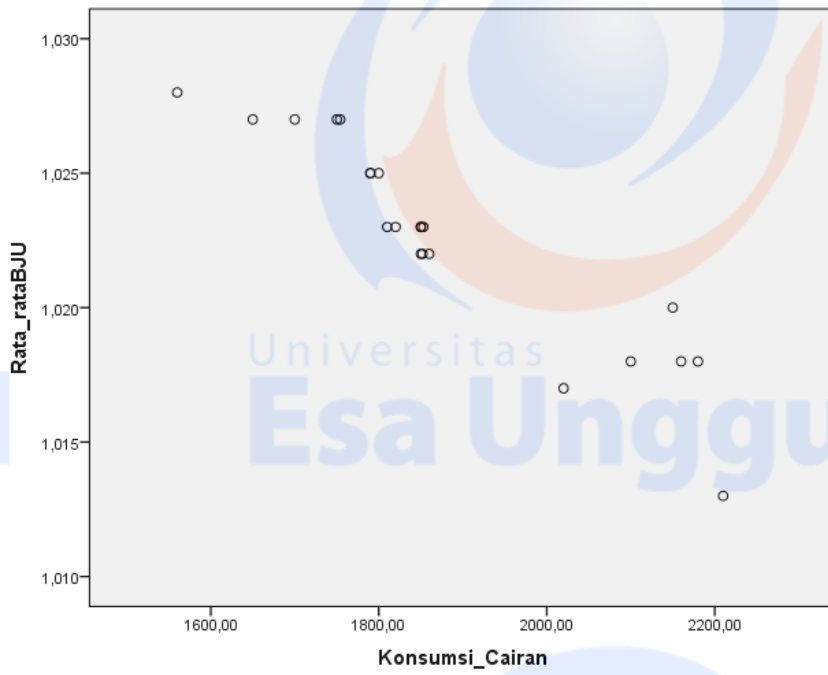
		Rata_rataBJU	Rata2_KBuah
Rata_rataBJU	Pearson Correlation	1	,827**
	Sig. (2-tailed)		,000
	N	22	22
Rata2_KBuah	Pearson Correlation	,827**	1
	Sig. (2-tailed)	,000	
	N	22	22

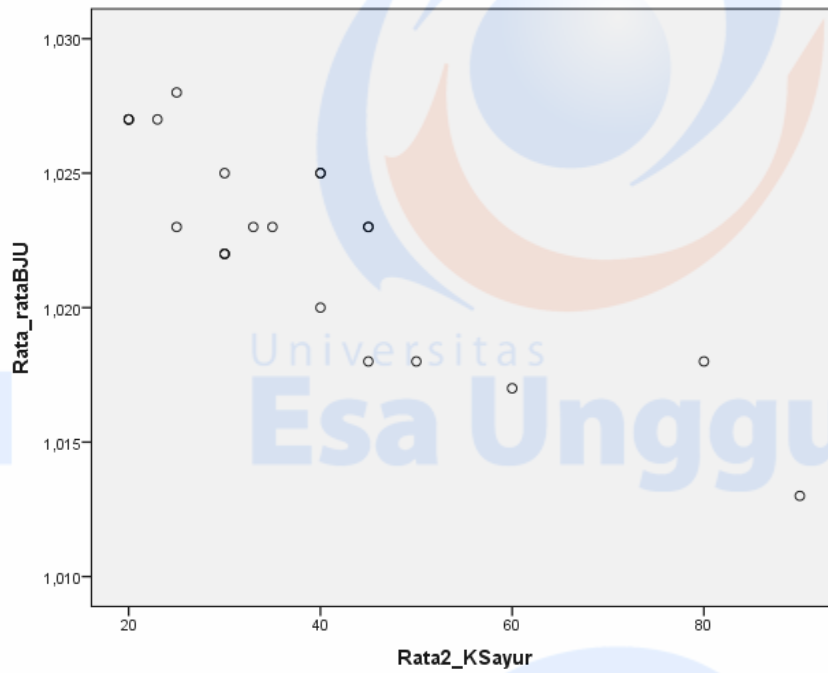
\*\* . Correlation is significant at the 0.01 level (2-tailed).

**Correlations**

		Rata_rataBJU	Rata2_KSayur
Rata_rataBJU	Pearson Correlation	1	,851**
	Sig. (2-tailed)		,000
	N	22	22
Rata2_KSayur	Pearson Correlation	,851**	1
	Sig. (2-tailed)	,000	
	N	22	22

\*\* . Correlation is significant at the 0.01 level (2-tailed).





## 5. Hasil Analisis Regresi

### a. Hubungan Konsumsi Cairan dengan Status Hidrasi

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,930 <sup>a</sup>	,866	,859	,00146

a. Predictors: (Constant), Konsumsi\_Cairan

Model	Sum of Squares	df	Mean Square	F	Sig.
1 Regression	,000	1	,000	128,896	,000 <sup>b</sup>
1 Residual	,000	20	,000		
Total	,000	21			

a. Dependent Variable: Rata\_rataBJU

b. Predictors: (Constant), Konsumsi\_Cairan

**Coefficients<sup>a</sup>**

Model	Unstandardized Coefficients		Standardized Coefficients	t	Sig.
	B	Std. Error	Beta		
1 (Constant)	1,061	,003		314,940	,000
Konsumsi_Cairan	-0,005	,000	-,930	-11,353	,000

a. Dependent Variable: Rata\_rataBJU

b. Hubungan Konsumsi Buah dengan Status Hidrasi

**Model Summary**

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,827 <sup>a</sup>	,684	,668	,00225

a. Predictors: (Constant), Rata2\_KBuah

**ANOVA<sup>a</sup>**

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	,000	1	,000	43,204	,000 <sup>b</sup>
	Residual	,000	20	,000		
	Total	,000	21			

a. Dependent Variable: Rata\_rataBJU

b. Predictors: (Constant), Rata2\_Kbuah

**Coefficients<sup>a</sup>**

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	1,029	,001		959,668	,000
	Rata2_KBuah	-0,005	,000	-,827	-6,573	,000

a. Dependent Variable: Rata\_rataBJU

c. Hubungan Konsumsi Sayur dengan Status Hidrasi

**Model Summary**

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	,851 <sup>a</sup>	,725	,711	,00210

a. Predictors: (Constant), Rata2\_Ksayur

**ANOVA<sup>a</sup>**

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	,000	1	,000	52,734	,000 <sup>b</sup>
	Residual	,000	20	,000		
	Total	,000	21			

a. Dependent Variable: Rata\_rataBJU

b. Predictors: (Constant), Rata2\_KSayur

Coefficients <sup>a</sup>						
Model	Unstandardized Coefficients		Standardized Coefficients	t	Sig.	
	B	Std. Error	Beta			
1	(Constant)	1,030	,001		963,787	,000
	Rata2_KSayur	-,001	,000	-,851	-7,262	,000

a. Dependent Variable: Rata\_rataBJU